

## *Confirmation Saint Name*

A name identifies us in a unique way, not just our physical selves, but who we are as a person. One of the traditional practices in the Catholic Church at the time of Confirmation is choosing a name that will remind you of this sacrament. Your prayerful reflection will help you determine that name. You might want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments. Especially after you reflect on its meaning and discover some of the people who shared your name in Christian history. You might want to choose the name of a saint who represents the type of **Christian you wish to be**. It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be your friend and advocate for the rest of your life. Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the root meaning of the name, for as Scripture says “God calls each of us by name.”

### **My Confirmation Name – Sharing the Story of Your Saint**

Your name gives you an identity; it tells others who you are. When you were baptized, your parents chose your name. If you do not know your parents’ reason for choosing your name, ask them about it. Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in Christ in your Catholic Faith.

The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham meaning “the father of many nations.” Again in the New Testament we find Simon’s name changed from Simon to Peter, meaning “Rock” because he was to become the rock upon which Jesus founded His Church.

Your Confirmation Name should reflect the role, the NEW role you will undertake as a more mature Catholic. Perhaps you would like to take the name of a person whom you admire. Many of the Confirmation Candidates, recognizing the growing bond of love with their parents, take a parent’s name or a close personal friend. The only limit that is placed on your choice is that it must be a Saint’s name, a variation of that name or a name from the Bible. You may also choose your Baptismal name since Confirmation is the completion of the Baptism experience. “I believe in the holy catholic Church, the communion of saints...”

**To learn more about the saints of the Catholic Church, view any of the websites listed below**

[www.catholic-forum.com/saints/indexsnt.htm](http://www.catholic-forum.com/saints/indexsnt.htm)

[www.americancatholic.org/Features/Saints/patrons.asp](http://www.americancatholic.org/Features/Saints/patrons.asp)

[www.catholic.org/saints/](http://www.catholic.org/saints/)

[www.newadvent.org](http://www.newadvent.org)

## **Prayer before an Important Decision**

*Lord, Almighty God,  
source of light, truth, and eternal goodness,  
transform this present moment  
into an hour of vision and inspiration.  
Help me to find wisdom;  
shed light on my thoughts.  
May my aspirations come true  
through righteous and good deeds.  
Give me the strength to concentrate,  
to think objectively,  
and to see clearly.  
Shed your light on me so that I may see  
which decision to make.  
Help me, O my Eternal God,  
to avoid vanity and pride,  
and thus be able to make worthy decisions  
as a true child of yours.*

*Amen.*

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## **Prayer to the Holy Spirit**

*Come, Holy Spirit, fill the hearts of your faithful. Enkindle in them the fire of your love. Send forth your Spirit, and they will be created. And you will renew the face of the earth.*

*Let us pray:*

*Lord, by the light of the Holy Spirit, you have taught the hearts of the faithful. In the same Spirit, help us to relish what is right and always rejoice in your consolation. We ask this through Christ our Lord.*

*Amen*

# *Confirmation Saint Name*

Name: \_\_\_\_\_

**After you decide on a name, complete the following. You may use additional paper if necessary.**

1. Name of the saint \_\_\_\_\_

2. When and where was your saint born? \_\_\_\_\_

3. What did your saint do for a living? \_\_\_\_\_

4. Did they go through a conversion? How? \_\_\_\_\_

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5. What was their relationship with Jesus like? \_\_\_\_\_

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6. Describe what event(s) this saint has been recognized for \_\_\_\_\_

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7. Why did you choose this saint? What made your saint special?

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8. What event in the life of this saint most impressed you? Why?

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9. Every saint is known for a particular quality or virtue. What special virtues did this saint have? Name one quality of your saint that you want for yourself.

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10. How could you imitate this saint today? Be specific!

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Insert Image of Saint